

Bible Stories for Adults

Jesus Calms a Storm

Mark 4:35-41

Opening

- Gathering: Are people more likely to blame God or to turn to Him in times of trouble?
- Today's Focus: Jesus taught His disciples to trust in Him through all of life's storms.
- Key Verses: *He said to his disciples, "Why are you so afraid? Do you still have no faith?"* Mark 4:40
What kind of man is this? Even the wind and waves obey Him Matthew 8:27

Opening Prayer

Lesson

A Busy Messiah (*Matthew 4:23-25*)

- How did Jesus spend the first 2-1/2 years of His 3-year ministry?
Matthew 4:23-25
- How willing was Jesus to be bothered with the cares and needs of these crowds of people?
Matthew 8:1-4
- Why did Jesus spend so much time healing since there would always be sickness and trouble?
Matthew 8:16-17

Showing God's Love to His Children (*Matthew 9:36*)

- Was there any other reason that Jesus cared for people besides fulfilling prophecy?
Matthew 9:36
- How dedicated was Jesus to taking care of these people who came to Him?
Mark 3:20-21
- Why did Jesus show so much concern for all of these strangers?
Mark 3:31-35
- Besides bringing people to be healed, why did people travel long distances to see Jesus?
Matthew 7:28-29

Getting Away From the Crowd? (*Matthew 8:18*)

- Was it easier for Jesus to be less crowded by teaching outside, rather than in a home?
Mark 4:1-2
- Who, most likely, owned this boat?
Luke 5:1-3
- What did Jesus decide to do after teaching parables from this boat all day?
Mark 4:35
- What, according to Matthew, prompted Jesus to want to go to the other side?
Matthew 8:18
- Was Jesus trying to get away from the crowd of people?
Mark 5:1-2, 15, 20
- How are we sure that Jesus wasn't just trying to get away from the crowds?
Mark 5:18, 21
- Why would Jesus sometimes leave crowds that wanted Him to stay?
Luke 4:42-43

Bible Stories for Adults

Jesus Calms a Storm

Page 2

Stormy Weather (*Mark 4:35-37*)

What indications do we get from Mark that Jesus had specific reasons for crossing the lake?

Mark 4:35-36

How did Jesus pass the time while sailing across the lake?

Luke 8:23

How strong was this storm?

Mark 4:37

Seismos on the Sea (*Matthew 8:23-24*)

Sea of Galilee - Actually a lake, 13 miles N-S, 8 miles E-W, 150 ft deep, 680 ft below sea level

Not uncommon for normally calm waters to suddenly turn violent from strong storms

The unique location of hills & valleys channel & compress storms & winds like a funnel

Such storms can last for days and create waves up to 20 feet tall

Dr W. M. Christie tells: A company of visitors were standing on the shore of Tiberias, and, noting the glassy surface of the water and the smallness of the lake, they expressed doubts as to the possibility of such storms as those described in the gospels. Almost immediately the wind sprang up. In twenty minutes the sea was white with foam-crested waves. Great billows broke over the towers at the corners of the city walls, and the visitors were compelled to seek shelter from the blinding spray, though now two hundred yards from the lakeside.

What effect did this *seismos* have on Jesus?

Matthew 8:23-24

Wouldn't Jesus be soaked and unable to sleep if *waves swept over the boat so it was nearly swamped?*

Mark 4:38a

Why wasn't Jesus concerned about the great danger from this storm?

Luke 8:22

Psalms 4:8

Experienced Sailors (*Matthew 8:25*)

How acquainted were the disciples with sailing this boat on this lake?

Mark 1:16-20

How did these skillful sailors react to this violent storm?

Matthew 8:25

What made things even scarier?

Mark 4:35

How did the disciples feel about Jesus not getting up on His own and taking care of them?

Mark 4:38

The Master Cares (*Matthew 8:26*)

How did Jesus show them that while the storm didn't bother Him, He cared for their fears?

Luke 8:24

How much rebuking and yelling did Jesus have to do to get the wind and waves calm?

Mark 4:39

How could Jesus make the sea completely calm with just a few words?

John 1:1-3 (Psalm 89:9)

How was the sea created in the first place?

Genesis 1:9-10

Bible Stories for Adults

Jesus Calms a Storm

Page 3

Fear Insurance (*Matthew 8:26*)

- Was Jesus upset that they had awakened Him with their fears?
Mark 4:40
- How did fear of the storm show that the disciples had weak faith?
John 14:1
- Were the disciples wrong to bring their fears to Jesus?
Philippians 4:6-7
- What should we remember when we encounter scary situations in life?
Psalm 56:3

The Lesson (*Matthew 8:27*)

- What did the disciples think about what they had just seen?
Matthew 8:27
- How does Mark describe their response?
Mark 4:41
- Does Luke make it clearer whether they were in fear or amazed at what they had seen?
Luke 8:25

- Why had Jesus allowed the disciples to go through all this stress just to learn this lesson?
Hebrews 12:11
- Did Jesus want them to go through all of this fear?
Mark 5:36
- What should we remember whenever we encounter great storms in life?
Romans 8:28

Our Sailing Partner (*Mark 4:35-36*)

- What is our situation before we put our trust in Jesus?
Ephesians 2:1
- What invitation do we have?
Mark 4:35b
- What is waiting for us when we cross over to the other side?
John 5:24

- Do we have to make this journey alone?
Mark 4:36
- What is the boat where we can find Jesus?
 - Jesus is in the Boat of the Heart - Colossians 1:27; 1 John 4:4
 - Jesus is in the Boat of the Church - Psalm 46:5; Deuteronomy 23:14
 - Jesus is in the Boat of the Scriptures - John 5:39
 - Jesus is in the Boat of Providence - Romans 8:28; Matthew 28:18

Bible Stories for Adults

Jesus Calms a Storm

Page 4

The Sea of Life (*1 Peter 5:8-9*)

Since Jesus is with us, will our journey be smooth and calm?

Matthew 24:6

Will our journey at least be smoother than that of non-Christians?

Acts 9:16

Why would a Christian have more difficulties than a non-Christian?

1 Peter 5:8-9

Jesus in the Boat (*Deuteronomy 31:6*)

When we encounter storms on life's seas, does that mean Jesus has left us?

Deuteronomy 31:6

Knowing that Jesus is always with us, what might we think when we're caught in a storm?

Psalms 44:23-24

What should we remember when we feel Jesus is coming to our rescue too slowly?

2 Peter 3:9

Storms on the Sea (*1 Peter 5:7*)

What should we do as soon as we see a storm brewing and begin to fear?

1 Peter 5:7

How are we helped through storms when we cast our anxieties on Him?

2 Thessalonians 3:16

How can a little peace get us through the furious storms we encounter in life?

Philippians 4:7

Closing Prayer

Response - Consider and meditate on one each day this week

1. To which side will I arrive at the end of my journey on the sea of life?
(*Matthew 25:31-34, 46; John 3:14-16, 36; 5:28-29; Romans 2:5-11; Galatians 6:8; 1 John 3:14-15; Revelation 20:11-15*)
2. When have I recognized Jesus riding in the Boat of my Heart?
(*Mark 4:36; John 14:20-23; Romans 8:9-11; 2 Corinthians 13:5; Galatians 2:20; 5:16-26; Ephesians 3:16-19; Colossians 1:27; 1 John 4:4*)
3. When have I recognized Jesus riding in the Boat of the Church?
(*Exodus 29:45-46; Deuteronomy 23:14; Psalm 26:8; 46:5; Zechariah 2:5; Ephesians 1:22-23; 5:22-33*)
4. When have I recognized Jesus riding in the Boat of the Scriptures?
(*Luke 24:27, 44-45; John 1:45; 5:39; Acts 8:26-40; 13:27; 17:11; 1 Corinthians 15:1-8*)
5. When have I recognized Jesus riding in the Boat of Providence?
(*Genesis 22:8, 13-14; 50:20; Jeremiah 29:11; Matthew 6:25-34; Romans 8:28; 1 Corinthians 10:13; 1 Timothy 6:17*)